

This week in preschool, our theme is "Who can help me?" We have learnt about bin/rubbish collectors, hospital workers – nurses/doctors/reception staff, and teachers and how they help us.

The children have handprints for our friendship tree display, talking about kindness and friendships – we are all friends in pre-school.

This week we changed the home corner to a hospital, looking after the babies and checking the patients. We also changed it to a vet surgery and the children enjoyed looking after the soft toy animals.

## Learning Goals:

Understanding the roles of who can help us, extending our knowledge and asking questions

Developing our social skills turn taking, sharing and kindness towards others.

Knowledge and understanding of the world around us, asking questions, looking at similarities

Fun Facts to share at home:

- Hospital workers: Did you know hospitals are not just for emergencies? They are where people are cared for, keeping them healthy and helping them with problems.
- Teachers: Teachers help with our learning, but they also like getting to know the children and their families, learning together about the world around us.
- Bin/rubbish collectors: These people make sure our community is kept clean and tidy by collecting our rubbish. They also collect the green waste from our gardens and take away our recycling – we can help sort these into bags for them.

Early Years Affirmation of the week:

**'I AM LOVED'**

We shared the story 'Guess how much I love you'.

## Book of the Week

This week our book was 'The Snail and the Whale' we spoke to the children about where the animals came from and the different countries the snail and whale visited.

We found out about Capybaras after a child brought in their toy one. We found out what a real one looked like, where they live and what they eat. Can you tell your adult where they come from? What pet they look like that some of us have at our houses as a pet? We looked at a world map to see where our country was in the world.



### Lola the Listening Leopard

This week we played 'wait for it'. The children needed to sit in a circle and pass an egg timer round. We tried to guess when it would go off! It made some of us jump when it went off. They all listened carefully and joined in beautifully. Well done everyone!

## Rhyme of the Week

The rhyme of the week was 'One, two buckle my shoe'. The children have explored this rhyme in detail; we spoke about the different things that rhymed.

## Physical Development

The children still have PE on a Monday Morning and a Wednesday afternoon. If your child attends for these sessions please make sure, they attend wearing their PE kit and have some PE pumps with them.

On Monday we practised throwing and catching skills with our Pure Sport coach Harry. We used beanbags and small balls, we had to concentrate looking at them, so it didn't fall on the floor. On Wednesday staff practiced throwing and catching the bean bags in pairs. We all did really well. Show your adult at home what you did – you could use a pair of rolled up socks.

### Benefits of Forest Friday

- Builds confidence and independence through exploring natural spaces.
- Supports physical development with climbing, balancing, running, and nature-based movement.
- Encourages creativity and imagination through open-ended play.
- Boosts wellbeing – fresh air and nature help reduce stress and improve mood.
- Enhances communication and teamwork as children problem solve together outdoors.
- Develops a love and respect for nature, helping children understand the world around them.

### What Your Child Needs to Wear

Please make sure your child comes dressed appropriately for the outdoors:

**Own clothes** (that you don't mind getting muddy!)

**Wellies**

**Waterproof coat**

By the end of the week the children could sing the rhyme without the tune being played on the whiteboard! Well done all of you.



The children enjoyed doing the teddy bear song with Mr Foster. We showed Mr Foster that we had been practising the 'Fire fighters' song during the week and added actions. He was most impressed. We learnt a new song about the dustbin collectors, for our people who help us topic!

The children have enjoyed exploring singing with Mr Foster and are now getting more confident to sing and dance together. Their actions are fantastic!

Extra layers depending on the weather and extra clothes to change into afterwards

Please could you encourage your child to use a tissue and not pick their noses. We have been learning about the importance of good hand washing and hygiene.

Could we please ask you to refrain from allowing your child to run up the grass bank and in between the staff cars, they could trip and fall. Please keep your child with you before they enter Pre-school.

Thank you for your continued support  
Mrs Bradley and the pre-school Team

### Safeguarding at Amblecote

British Values for Pre School

- Helping Us Learn to Be Safe and Kind
- In Pre-school, we teach British Values through play, stories and everyday routines. They help children learn how to look after themselves and others.
- Kindness – We use kind hands and kind words. Everyone deserves to feel safe.
- Having a voice – Children can share their ideas and make choices. This helps them feel confident to speak up.
- Taking turns – We listen to each other and wait for our turn. Everyone gets a chance.
- Following simple rules – Rules like "walking feet" and "kind hands" help us stay safe in school.
- These simple ideas help children build confidence, learn to trust adults, and understand how to keep themselves and others safe.

### Health & Well-being Focus: Supporting Your Child's Emotional Development

In the Early Years, children are learning how to understand and express their feelings. You can support this at home by:

- Naming emotions: Try saying, "You look sad because your toy broke." This helps children link feelings to words.
- Creating calm routines: Predictable routines like bedtime stories or morning cuddles help children feel safe and secure.
- Encouraging movement: Daily active play – dancing, walking, climbing – boosts mood and builds healthy habits.
- Modelling self-care: Let your child see you take deep breaths, stretch, or talk about your own feelings calmly.

Little moments of connection make a big difference. A hug, a chat, or a giggle together helps build resilience and confidence.